

Heinerman Padel - lesweekrooster Padel33 - Winter 2022-2023

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17-lesscyclus: ma-woe-do-vrij
 5xTry-out Blok 1
 5xTry-out Blok 2
 5xTry-out Blok 3



- 17-lessen
- blok 1 TO
- blok 2 TO
- blok 3 TO
- Geen training
- inhaal

	Week 39							Week 40							Week 41						
	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo
Senioren 17-lesscyclus	26-9	27-9	28-9	29-9	30-9	1-10	2-10	3-10	4-10	5-10	6-10	7-10	8-10	9-10	10-10	11-10	12-10	13-10	14-10	15-10	16-10
5x Try-out Blok 1																					
	Week 42							Week 43							Week 44						
	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo
Senioren 17-lesscyclus	17-10	18-10	19-10	20-10	21-10	22-10	23-10	24-10	25-10	26-10	27-10	28-10	29-10	30-10	31-10	1-11	2-11	3-11	4-11	5-11	6-11
5x Try-out Blok 1								HERFSTVAKANTIE													
								HERFSTVAKANTIE-inhaalles overdag													
	Week 45							Week 46							Week 47						
	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo
Senioren 17-lesscyclus	7-11	8-11	9-11	10-11	11-11	12-11	13-11	14-11	15-11	16-11	17-11	18-11	19-11	20-11	21-11	22-11	23-11	24-11	25-11	26-11	27-11
5x Try-out Blok 1																					
5x Try-out Blok 2																					
	Week 48							Week 49							Week 50						
	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo
Senioren 17-lesscyclus	28-11	29-11	30-11	1-12	2-12	3-12	4-12	5-12	6-12	7-12	8-12	9-12	10-12	11-12	12-12	13-12	14-12	15-12	16-12	17-12	18-12
5x Try-out Blok 2																					
	Week 51							Week 52							Week 1						
	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo
Senioren 17-lesscyclus	19-12	20-12	21-12	22-12	23-12	24-12	25-12	26-12	27-12	28-12	29-12	30-12	31-12	1-1	2-1	3-1	4-1	5-1	6-1	7-1	8-1
5x Try-out Blok 2								KERSTVAKANTIE													
								KERSTVAKANTIE													
	Week 2							Week 3							Week 4						
	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo
Senioren 17-lesscyclus	9-1	10-1	11-1	12-1	13-1	14-1	15-1	16-1	17-1	18-1	19-1	20-1	21-1	22-1	23-1	24-1	25-1	26-1	27-1	28-1	29-1
5x Try-out Blok 3																					
	Week 5							Week 6							Week 7						
	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo
Senioren 17-lesscyclus	30-1	31-1	1-2	2-2	3-2	4-2	5-2	6-2	7-2	8-2	9-2	10-2	11-2	12-2	13-2	14-2	15-2	16-2	17-2	18-2	19-2
5x Try-out Blok 3																					
	Week 8							Week 9							Week 10						
	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo
Alle lessen	20-2	21-2	22-2	23-2	24-2	25-2	26-2	27-2	28-2	1-3	2-3	3-3	4-3	5-3	6-3	7-3	8-3	9-3	10-3	11-3	12-3
								VOORJAARSVAKANTIE													
	Week 11							Week 12							Week 13						
	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo
Alle lessen	13-3	14-3	15-3	16-3	17-3	18-3	19-3	20-3	21-3	22-3	23-3	24-3	25-3	26-3	27-3	28-3	29-3	30-3	31-3	1-4	2-4
															Start Zomerseizoen						